

Happy Birthday Arizona!!

Marcos de Niza, a Spanish Franciscan friar, was the first European to explore Arizona. He entered the area in 1539 in search of the mythical Seven Cities of Gold. Although he was followed a year later by another gold seeker, Francisco Vasquez de Coronado, most of the early settlement was for missionary purposes. In 1775 the Spanish established Fort Tucson. In 1848, after the Mexican War, most of the Arizona territory became part of the United States and the southern portion of the territory was added by the Gadsden Purchase in 1853.

Arizona history is rich in legends of America's Old West. It was here that the great Indian chiefs Geronimo and Cochise lead their people against the frontiersmen. Tombstone, Arizona was the site of the West's most famous shoot-out– the gunfight at the O.K. Corral. Today, Arizona has one of the largest Native American populations; more that 14 tribes are represented on 20 reservations.

Famous Arizona natives and residents:

- Glen Campbell, singer
- Cesar Chavez, labor leader
- Alice Cooper, singer and songwriter
- Wyatt Earp, marshall
- Max Ernst, painter
- Geronimo, Apache chief
- Barry Goldwater, politician
- Stephenie Meyer, auther
- Charles Mingus, jazz musician
- Stevie Nicks, singer
- Sandra Day O'Connor, jurist
- Jordin Sparks, singer
- Frank Lloyd Wright, architect

Menus for February 2020

Canyon View High School

				
<p>Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk.</p> <p>Choice of fruits and veggies (may select two): Granny Smith Green Apple, Oranges, Banana, Red Delicious Apple, Baby Carroteenies, Raisins, Craisin, Apple Juice or Orange Juice</p>				
<p>Do you know why Arizona is called the "Valentine State"?</p> <p>Because Arizona became a state on February 14, 1912.</p>				
Monday, February 3	Tuesday, February 4	Wednesday, February 5	Thursday, February 6	Friday, February 7
General Tso's Chicken Rice Bowl Fresh Orange Wedges Fortune Cookie	Mashed Potato Bowl w/Popcorn Chicken Seasoned Corn Buttermilk Biscuit Variety of Fruit	Early Release	Taco Salad Bowl w/fresh Salsa, shredded cheese, diced onions, cilantro, sour cream and jalapeno slices Variety of Fruit	Domino's Pizza– Variety Spinach Salad w/ assorted dressing Jello Fruit Salad
Monday, February 10	Tuesday, February 11	Wednesday, February 12	Thursday, February 13	Friday, February 14
Mandarin Orange Chicken Rice Bowl Steamed Broccoli Mini Egg Roll Variety of Fruit	Frito Burrito w/sour cream, jalapenos and salsa Spanish Rice Mexicali Corn Variety of Fruit	Chili Cheese Hotdog w/diced onions & jalapenos, French Fries Homemade Chocolate Chip Cookies Variety of Fruit	Double Cheeseburger on a bun Seasoned French Fries Baked Beans Variety of Fruit	Domino's Pizza-Variety Spinach Salad w/assorted dressing Fresh Fruit Salad
Monday, February 17	Tuesday, February 18	Wednesday, February 19	Thursday, February 20	Friday, February 21
President's Day	Cheese Enchilada's w/green sauce Salsa, jalapenos and sour cream Spanish Rice Refried Beans Variety of Fruit	Oven Roasted Chicken Loaded Mashed Potatoes Corn on the Cob Buttermilk Biscuit Variety of Fruit	Loaded Nacho Tots w/seasoned beef, nacho cheese, diced onions, cilantro, jalapenos, sour cream and salsa. Refried Beans. Variety of Fruit	Domino's Pizza– Variety Spinach Salad w/assorted dressing Fresh Fruit Salad
Monday, February 24	Tuesday, February 25	Wednesday, February 26	Thursday, February 27	Friday, February 28
Beef & Broccoli Rice Bowl Fresh Orange Wedges Fortune Cookie	BBQ Bacon Burger on a bun Seasoned French Fries, Coleslaw Variety of Fruit	Loaded Nacho's Tortilla Chips w/ seasoned beef, nacho cheese, diced onions, cilantro, diced Jalapeno's, sour cream, variety of Salsa, Variety of Fruit	Shredded BBQ Chicken Sandwich French Fries Baked Beans Cornbread Variety of Fruit	Domino's Pizza– Variety Spinach Salad w/ assorted dressing Jello Fruit Salad

February

- American Heart Month
- National Cherry Month
- National Grapefruit Month
- National Sweet Potato Month

This institution is an equal opportunity provider and employer.

Happy Birthday Arizona!!

Marcos de Niza, a Spanish Franciscan friar, was the first European to explore Arizona. He entered the area in 1539 in search of the mythical Seven Cities of Gold. Although he was followed a year later by another gold seeker, Francisco Vasquez de Coronado, most of the early settlement was for missionary purposes. In 1775 the Spanish established Fort Tucson. In 1848, after the Mexican War, most of the Arizona territory became part of the United States and the southern portion of the territory was added by the Gadsden Purchase in 1853.

Arizona history is rich in legends of America's Old West. It was here that the great Indian chiefs Geronimo and Cochise lead their people against the frontiersmen. Tombstone, Arizona was the site of the West's most famous shoot-out- the gunfight at the O.K. Corral. Today, Arizona has one of the largest Native American populations; more that 14 tribes are represented on 20 reservations.

Famous Arizona natives and residents:

- Glen Campbell, singer
- Cesar Chavez, labor leader
- Alice Cooper, singer and songwriter
- Wyatt Earp, marshall
- Max Ernst, painter
- Geronimo, Apache chief
- Barry Goldwater, politician
- Stephenie Meyer, auther
- Charles Mingus, jazz musician
- Stevie Nicks, singer
- Sandra Day O'Connor, jurist
- Jordin Sparks, singer
- Frank Lloyd Wright, architect

February

- American Heart Month
- National Cherry Month
- National Grapefruit Month
- National Sweet Potato Month

Breakfast Menu for February 2020

Canyon View High School

	Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk.	Choice of fruits and veggies (may select two): Granny Smith Green Apple, Orang- es, Banana, Red Delicious Apple, Baby Carroteenies, Raisins, Craisin, Apple Juice or Orange Juice	Entrée's available everyday: WG Donuts WG Pop Tarts Cold Cereal WG Muffins PB&J Sandwich Fruit Parfait w/granola Breakfast Burrito	Do you know why Arizona is called the "Valentine State"? Because Arizona became a state on February 14, 1912.
Monday, February 3	Tuesday, February 4	Wednesday, February 5	Thursday, February 6	Friday, February 7
Bacon/Egg/Cheese Croissant Sandwich Sausage/Egg/Cheese Croissant Sandwich Spicy Chicken Biscuit	Bacon/Egg/Cheese Muffin Sandwich Sausage/Egg/Cheese Muffin Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Biscuit Sausage/Egg/Cheese Biscuit Spicy Chicken Biscuit	Bacon/Egg/Cheese Pancake Sandwich Sausage/Egg/Cheese Pancake Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Bagel Sandwich Sausage/Egg/Cheese Bagel Sandwich Spicy Chicken Biscuit
Monday, February 10	Tuesday, February 11	Wednesday, February 12	Thursday, February 13	Friday, February 14
Bacon/Egg/Cheese Croissant Sandwich Sausage/Egg/Cheese Croissant Sandwich Spicy Chicken Biscuit	Bacon/Egg/Cheese Muffin Sandwich Sausage/Egg/Cheese Muffin Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Biscuit Sausage/Egg/Cheese Biscuit Spicy Chicken Biscuit	Bacon/Egg/Cheese Pancake Sandwich Sausage/Egg/Cheese Pancake Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Bagel Sandwich Sausage/Egg/Cheese Bagel Sandwich Spicy Chicken Biscuit
Monday, February 17	Tuesday, February 18	Wednesday, February 19	Thursday, February 20	Friday, February 21
President's Day	Bacon/Egg/Cheese Muffin Sandwich Sausage/Egg/Cheese Muffin Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Biscuit Sausage/Egg/Cheese Biscuit Spicy Chicken Biscuit	Bacon/Egg/Cheese Pancake Sandwich Sausage/Egg/Cheese Pancake Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Bagel Sandwich Sausage/Egg/Cheese Bagel Sandwich Spicy Chicken Biscuit
Monday, February 24	Tuesday, February 25	Wednesday, February 26	Thursday, February 27	Friday, February 28
Bacon/Egg/Cheese Croissant Sandwich Sausage/Egg/Cheese Croissant Sandwich Spicy Chicken Biscuit	Bacon/Egg/Cheese Muffin Sandwich Sausage/Egg/Cheese Muffin Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Biscuit Sausage/Egg/Cheese Biscuit Spicy Chicken Biscuit	Bacon/Egg/Cheese Pancake Sandwich Sausage/Egg/Cheese Pancake Sandwich French Toast Sticks w/ Sausage Link	Bacon/Egg/Cheese Bagel Sandwich Sausage/Egg/Cheese Bagel Sand- wich Spicy Chicken Biscuit

This institution is an equal opportunity provider and employer.

Happy Birthday Arizona!!

Marcos de Niza, a Spanish Franciscan friar, was the first European to explore Arizona. He entered the area in 1539 in search of the mythical Seven Cities of Gold. Although he was followed a year later by another gold seeker, Francisco Vasquez de Coronado, most of the early settlement was for missionary purposes. In 1775 the Spanish established Fort Tucson. In 1848, after the Mexican War, most of the Arizona territory became part of the United States and the southern portion of the territory was added by the Gadsden Purchase in 1853.

Arizona history is rich in legends of America's Old West. It was here that the great Indian chiefs Geronimo and Cochise lead their people against the frontiersmen. Tombstone, Arizona was the site of the West's most famous shoot-out- the gunfight at the O.K. Corral. Today, Arizona has one of the largest Native American populations; more that 14 tribes are represented on 20 reservations.

Famous Arizona natives and residents:

- Glen Campbell, singer
- Cesar Chavez, labor leader
- Alice Cooper, singer and songwriter
- Wyatt Earp, marshall
- Max Ernst, painter
- Geronimo, Apache chief
- Barry Goldwater, politician
- Stephenie Meyer, auther
- Charles Mingus, jazz musician
- Stevie Nicks, singer
- Sandra Day O'Connor, jurist
- Jordin Sparks, singer
- Frank Lloyd Wright, architect

Menu for February 2020

Canyon View High School-Jaguar Mexican Grill

	Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk.	Choice of fruits and veggies (may select two): Granny Smith Green Apple, Orang- es, Banana, Red Delicious Apple, Baby Carroteenies, Raisins, Craisin, Apple Juice or Orange Juice		<p>Do you know why Arizona is called the "Valentine State"?</p> <p>Because Arizona became a state on February 14, 1912.</p>
Monday, February 3	Tuesday, February 4	Wednesday, February 5	Thursday, February 6	Friday, February 7
2 Beef Tacos w/ shredded lettuce, shredded cheese, variety of fresh Salsa Fiesta Corn Beans Variety of Fruit	Taco Salad Bowl w/ varie- ty of fresh salsa, lettuce, shredded cheese, diced onions, diced Jalapenos and sour cream. Variety of Fruit	Early Release	Green Chili Cheese Enchiladas Refried Beans Variety of Fruit	Loaded Nacho Tots w/seasoned ground beef, nacho cheese, diced onions, cilantro, diced Jalapenos, sour cream. Variety of Salsa Variety of Fruit
Monday, February 10	Tuesday, February 11	Wednesday, February 12	Thursday, February 13	Friday, February 14
Gordita Chicken Tacos w/ lettuce, shredded cheese, Variety of Fresh Salsa Variety of Fresh Fruit	Taco Salad Bowl w/ variety of fresh salsa, lettuce, shredded cheese, diced onions, diced Jalapenos and sour cream. Variety of Fruit	Beef Burrito Bowl Variety of Fresh Salsa Variety of Fruit	Pork Carnitas w/ sour cream, fresh salsa and sliced jalapenos 2 Tortillas Pinot Beans Churro Variety of Fruit	Loaded Nachos w/seasoned ground beef, nacho cheese, diced on- ions, cilantro, diced Jala- penos, sour cream. Variety of Salsa Variety of Fruit
Monday, February 17	Tuesday, February 18	Wednesday, February 19	Thursday, February 20	Friday, February 21
President's Day	Taco Salad Bowl w/ variety of fresh salsa, lettuce, shredded cheese, diced onions, diced Jala- penos and sour cream. Variety of Fruit	Pork Burrito Bowl Variety of Fresh Salsa Variety of Fruit	Chicken Quesadilla Refried Beans Variety of Salsa Variety of Fruit	Loaded Nacho Tots w/seasoned ground beef, nacho cheese, diced on- ions, cilantro, diced Jala- penos, sour cream. Variety of Salsa Variety of Fruit
Monday, February 24	Tuesday, February 25	Wednesday, February 26	Thursday, February 27	Friday, February 28
Taquitos Fiesta Rice Variety of Fruit	Pork Pozole w/ diced onions, cilantro, cabbage & lime wedge. Round Tortilla Chips Churro Variety of Fruit	Chicken Burrito Bowl Variety of Fresh Salsa Variety of Fruit	Frito Burrito Variety of Fresh Salsa Variety of Fruit	Loaded Nachos w/seasoned ground beef, nacho cheese, diced onions, cilantro, diced Jalapenos, sour cream. Variety of Salsa Variety of Fruit

February

- American Heart Month
- National Cherry Month
- National Grapefruit Month
- National Sweet Potato Month

This institution is an equal opportunity provider and employer.

Happy Birthday Arizona!!

Marcos de Niza, a Spanish Franciscan friar, was the first European to explore Arizona. He entered the area in 1539 in search of the mythical Seven Cities of Gold. Although he was followed a year later by another gold seeker, Francisco Vasquez de Coronado, most of the early settlement was for missionary purposes. In 1775 the Spanish established Fort Tucson. In 1848, after the Mexican War, most of the Arizona territory became part of the United States and the southern portion of the territory was added by the Gadsden Purchase in 1853.

Arizona history is rich in legends of America's Old West. It was here that the great Indian chiefs Geronimo and Cochise lead their people against the frontiersmen. Tombstone, Arizona was the site of the West's most famous shoot-out- the gunfight at the O.K. Corral. Today, Arizona has one of the largest Native American populations; more that 14 tribes are represented on 20 reservations.

Famous Arizona natives and residents:

- Glen Campbell, singer
- Cesar Chavez, labor leader
- Alice Cooper, singer and songwriter
- Wyatt Earp, marshall
- Max Ernst, painter
- Geronimo, Apache chief
- Barry Goldwater, politician
- Stephenie Meyer, auther
- Charles Mingus, jazz musician
- Stevie Nicks, singer
- Sandra Day O'Connor, jurist
- Jordin Sparks, singer
- Frank Lloyd Wright, architect

February

- American Heart Month
- National Cherry Month
- National Grapefruit Month
- National Sweet Potato Month

Value Menu for February 2020

Canyon View High School-Jaguar Value Meal

	Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk.	Choice of fruits and veggies (may select two): Granny Smith Green Apple, Orange- es, Banana, Red Delicious Apple, Baby Carroteenies, Raisins, Craisin, Apple Juice or Orange Juice		Do you know why Arizona is called the "Valentine State"? Because Arizona became a state on February 14, 1912.
Monday, February 3	Tuesday, February 4	Wednesday, February 5	Thursday, February 6	Friday, February 7
Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Early Release	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito
Monday, February 10	Tuesday, February 11	Wednesday, February 12	Thursday, February 13	Friday, February 14
Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito
Monday, February 17	Tuesday, February 18	Wednesday, February 19	Thursday, February 20	Friday, February 21
President's Day	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito
Monday, February 24	Tuesday, February 25	Wednesday, February 26	Thursday, February 27	Friday, February 28
Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito	Chicken Patty on a Bun Spicy Chicken Patty on Bun Cheeseburger Bacon Cheeseburger Domino's Pizza PB&J Sandwich Bean Burrito

This institution is an equal opportunity provider and employer.